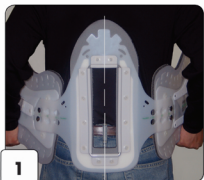


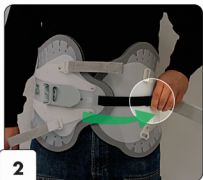
Wearing the Aspen LSO

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1

Start by centering the back of the brace with your spine.



2

Attach the black velcro strap to the black velcro dot.



3

Insert the wide velcro strap through the back slot of the plastic lever.



4

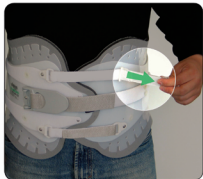
Loop the strap back through the front slot.



Pull the strap to tighten the brace and attach.



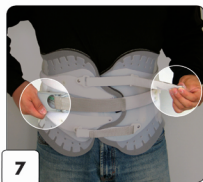
5



Pull and place the top and bottom velcro straps.



Pull the lever back to tighten the brace.



Hold the lever and take up the slack in the top and bottom straps.



8

Repeat steps 6 & 7 if you need increased compression.



9

Congratulations! You're done!

Aspen
MEDICAL PRODUCTS INC.

6481 Oak Canyon
Irvine, California 92618
800-295-2776
www.aspenmp.com