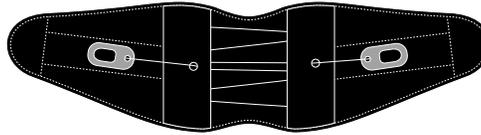


# Aspen® Lumbar Support

ASPEN LUMBAR SUPPORT



**Aspen**  
MEDICAL PRODUCTS

ASPEN MEDICAL PRODUCTS

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	ENGLISH	ESPAÑOL	DEUTSCH	ITALIANO	FRANÇAIS	中文
<div data-bbox="31 365 682 625"> <p><b>1</b></p> <p><b>A</b></p> <p><b>B</b></p> </div> <div data-bbox="31 625 682 885"> <p><b>C</b></p> </div>	<p><b>PLACEMENT</b></p> <p>A. Apply the fully stretched brace making sure the back panel is centered and low on the back.</p> <p>B. Overlap the ends of the brace so the hook material grips the opposite side loop as tightly as possible.</p> <p>C. Be sure the top and bottom of the brace is snug. If needed, angle ends to create a snug fit.</p>	<p><b>COLOCACIÓN</b></p> <p>A. Despliegue totalmente la faja ortopédica asegurándose de que el panel posterior quede centrado y bajo en la espalda.</p> <p>B. Superponga los extremos de la faja de modo que un lado de la cinta de velcro quede adherido al lado opuesto lo más ceñidamente posible.</p> <p>C. Verifique que la parte superior y la parte inferior del soporte estén ajustadas. Si fuera necesario, doble los extremos para lograr un calce ajustado.</p>	<p><b>ANLEGEN</b></p> <p>A. Die vollständig gedehnte Rückenstützbandage anlegen und darauf achten, dass das Rückenteil zentriert ist und im unteren Rückenbereich anliegt.</p> <p>B. Die Enden der Stützbandage möglichst eng übereinanderlegen, so dass der Klettverschluss auf der gegenüberliegenden Seite eingreift.</p> <p>C. Darauf achten, dass die Orthese oben und unten fest anliegt. Ggf. die Gurtenden etwas schräg zusammendrücken, um eine guten Sitz zu erzielen.</p>	<p><b>POSIZIONAMENTO</b></p> <p>A. Applicare il supporto completamente aperto assicurandosi che il pannello posteriore sia centrato sulla porzione inferiore della schiena.</p> <p>B. Sovrapporre le estremità del supporto in modo che la porzione di materiale a uncini afferrì il lato opposto in materiale ad asole mantenendo il supporto il più aderente possibile.</p> <p>C. Assicurarci che la parte superiore e inferiore del supporto siano ben aderenti. Se necessario, disporre le estremità del supporto in modo angolato per ottenere una buona aderenza.</p>	<p><b>POSITIONNEMENT</b></p> <p>A. Appliquez l'orthèse totalement étirée en veillant à ce que le panneau dorsal soit bien centré et positionné sur le bas du dos.</p> <p>B. Rabattez les extrémités de l'orthèse en les faisant se chevaucher de manière à ce que le système de fermeture velcro maintienne le côté opposé aussi étroitement que possible.</p> <p>C. Veillez à ce que la partie supérieure et inférieure de l'orthèse soient bien serrées. Si nécessaire, inclinez les extrémités pour assurer un maintien ferme.</p>	<p><b>放置</b></p> <p>A. 放置完全拉开的腰带，核实背面支撑放在腰部的中央。</p> <p>B. 将腰带两端重叠，以使一端的锁握面与另一端的环扣面尽量紧紧地粘在一起。</p> <p>C. 确保腰带上上下两端均被卡住。必要时，可以转动两端以便卡住。</p>
<div data-bbox="31 893 682 1153"> <p><b>2</b></p> <p><b>A</b></p> </div> <div data-bbox="31 1153 682 1412"> <p><b>B</b></p> </div>	<p><b>TIGHTEN &amp; ADJUST</b></p> <p>A. Slip your thumbs through the holes in the pull tabs. Pull away from your body. The left pull tab controls lower compression and the right pull tab controls upper compression. Adjust compression as needed.</p> <p>B. When desired compression is achieved, place the hook side of the pull tabs down onto the loop material to secure.</p>	<p><b>AJUSTE Y REGULACIÓN</b></p> <p>A. Pase los pulgares por los orificios de las pestañas de ajuste. Hale en dirección opuesta a su cuerpo. La pestaña izquierda controla la compresión inferior, y la derecha, la superior. Ajuste la compresión según sea necesario.</p> <p>B. Una vez alcanzada la compresión deseada, cierre bien la faja presionando ambos lados de la cinta de velcro entre sí.</p>	<p><b>FESTZIEHEN UND JUSTIEREN</b></p> <p>A. Die Daumen durch die Ösen der Zugleinen stecken und diese nach außen vom Körper wegziehen. Mit der linken Zugleine wird die untere Kompression und mit der rechten Zugleine die obere Kompression reguliert. Die Kompression je nach Bedarf anpassen.</p> <p>B. Sobald die gewünschte Kompression erzielt ist, die Hakenseite der Zugleinen auf die Klettverschlusschlaufen legen, um die Bandage zu sichern.</p>	<p><b>TENSIONARE E REGOLARE</b></p> <p>A. Infilare i pollici attraverso i fori presenti nelle linguette di estensione. Tirare in direzione opposta al corpo. La linguetta di estensione sinistra controlla la compressione inferiore, mentre la linguetta di estensione destra controlla la compressione superiore. Regolare la compressione secondo la necessità.</p> <p>B. Quando si ottiene la compressione desiderata, appoggiare il lato in materiale a uncini delle linguette di estensione sul materiale ad asole per fissarle.</p>	<p><b>SERRAGE ET RÉGLAGE</b></p> <p>A. Glisser les pouces dans les tirants. Tirer en écartant du corps. Le tirant de droite sert à régler la compression supérieure et celui de gauche la compression inférieure. Régler la compression selon les besoins.</p> <p>B. Une fois la compression souhaitée obtenue, fixez la partie adhésive des tirants sur la bande velcro pour les maintenir en place.</p>	<p><b>拉紧和调整</b></p> <p>A. 将双手大拇指插入拉环的孔。朝身体外的方向拉动。左面的拉环控制下半部的松紧，右面的拉环控制上半部的松紧。按照需要调整松紧度。</p> <p>B. 当达到理想的松紧度时，将拉环的锁握面固定在环扣材料上。</p>
	<p><b>Caution: This Product Contains Natural Rubber Latex Which May Cause Allergic Reaction.</b></p>	<p><b>Precaución: Este producto contiene látex de caucho natural que puede causar reacción alérgica.</b></p>	<p><b>Warnhinweis: dieses Produkt enthält einen Naturkautschuklatex, welcher eine allergische Reaktion hervorrufen kann.</b></p>	<p><b>Attenzione: Questo prodotto contiene gomma di lattice naturale che potrebbe causare reazioni allergiche.</b></p>	<p><b>Attention: Ce produit contient du latex de caoutchouc naturel qui peut provoquer des réactions allergiques.</b></p>	<p><b>注意: 本产品含有可能引起过敏反应的天然橡胶乳胶。</b></p>

ENGLISH			ESPAÑOL			DEUTSCH		
SIZING CHART			TABLA DE TAMAÑOS			GRÖSSENBESTIMMUNG		
Size ranges are only guidelines.			Las variaciones de tamaños son sólo una guía.			Die Größenbereiche dienen lediglich als Richtwerte.		
<b>X-SMALL</b>	53 – 69 cm	21 – 27 in	<b>X-SMALL</b>	53 – 69 cm	21 – 27 in	<b>X-SMALL</b>	53 – 69 cm	21 – 27 in
<b>SMALL</b>	66 – 79 cm	26 – 31 in	<b>PEQUEÑO</b>	66 – 79 cm	26 – 31 in	<b>SMALL</b>	66 – 79 cm	26 – 31 in
<b>MEDIUM</b>	79 – 91 cm	31 – 36 in	<b>MEDIANO</b>	79 – 91 cm	31 – 36 in	<b>MEDIUM</b>	79 – 91 cm	31 – 36 in
<b>LARGE</b>	91 – 107 cm	36 – 42 in	<b>GRANDE</b>	91 – 107 cm	36 – 42 in	<b>LARGE</b>	91 – 107 cm	36 – 42 in
<b>X-LARGE</b>	104 – 122 cm	41 – 48 in	<b>X-GRANDE</b>	104 – 122 cm	41 – 48 in	<b>X-LARGE</b>	104 – 122 cm	41 – 48 in
<b>XX-LARGE</b>	109 – 132 cm	43 – 52 in	<b>XX-LARGE</b>	109 – 132 cm	43 – 52 in	<b>XX-LARGE</b>	109 – 132 cm	43 – 52 in

ITALIANO			FRANÇAIS			中文		
TABELLA DELLE MISURE			TABLEAU DES TAILLES			尺寸图		
Le gamme delle misure hanno solo scopo indicativo.			Les tailles sont données à titre indicatif.			尺寸范围仅用作指南		
<b>X-SMALL</b>	53 – 69 cm	21 – 27 in	<b>X-SMALL</b>	53 – 69 cm	21 – 27 in	<b>特小号</b>	53 – 69 cm	21 – 27 in
<b>PICCOLA</b>	66 – 79 cm	26 – 31 in	<b>PEQUEÑO</b>	66 – 79 cm	26 – 31 in	<b>小号</b>	66 – 79 cm	26 – 31 in
<b>MEDIA</b>	79 – 91 cm	31 – 36 in	<b>MEDIANO</b>	79 – 91 cm	31 – 36 in	<b>中号</b>	79 – 91 cm	31 – 36 in
<b>GRANDE</b>	91 – 107 cm	36 – 42 in	<b>GRANDE</b>	91 – 107 cm	36 – 42 in	<b>大号</b>	91 – 107 cm	36 – 42 in
<b>X-GRANDE</b>	104 – 122 cm	41 – 48 in	<b>X-GRANDE</b>	104 – 122 cm	41 – 48 in	<b>特大1号</b>	104 – 122 cm	41 – 48 in
<b>XX-LARGE</b>	109 – 132 cm	43 – 52 in	<b>XX-LARGE</b>	109 – 132 cm	43 – 52 in	<b>特大2号</b>	109 – 132 cm	43 – 52 in

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 Aspen Medical Products, Irvine, CA 92618, warrants to the user who originally purchases this product that it is free from defects in material and workmanship. The sole obligation of Aspen Medical Products in the event of breach of warranty shall be to repair or replace the defective product or part(s).

- Aspen Medical Products shall have no obligation under this limited warranty in the event:
- (a) The product was not purchased from Aspen Medical Products or through its authorized channels of distribution;
  - (b) The product is altered;
  - (c) Any parts not supplied by Aspen Medical Products are inserted into the product; or
  - (d) The product is not used in accordance with the Aspen Medical Products Instructions for Use.

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 A listing of authorized distributors in your area is available upon request.

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