## EVERGREEN ${ }^{m} 631$ LSO LOPRO

| Doctor: | Fitter: |  |
| :--- | :--- | :--- |
| Patient Name: | Date: |  |
| Patient \#: |  | Additional Follow-Up Dates: |

TOOLS NECESSARY: Scissors • Tape Measure

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## STEP 1 - MEASUREMENTS

1 Lower rib circumference $=$ $\qquad$
(2) Hip circumference $=$ $\qquad$

3 T9 to Sacrococcygeal Junction = $\qquad$

TIME SPENT: $\qquad$


SIZING IS CRITICAL TO PROPER PERFORMANCE
Use the measurements below to customize to patient's anatomy.
A. Use waist circumference (average of $\mathbf{1}$ and 2 $\qquad$ )

A. $\qquad$ to determine size of Evergreen brace

| X-SMALL | SMALL | MEDIUM |
| :--- | :--- | :--- |
| $15-21 \mathrm{in}$ | $21-27 \mathrm{in}$ | $31-37 \mathrm{in}$ |
| $38-53 \mathrm{~cm}$ | $53-67 \mathrm{~cm}$ | $79-94 \mathrm{~cm}$ |
| LARGE | X-LARGE | XX-LARGE |
| $36-42 \mathrm{in}$ | $41-47 \mathrm{in}$ | $43-57$ in |
| $91-107 \mathrm{~cm}$ | $104-119 \mathrm{~cm}$ | $117-145 \mathrm{~cm}$ |

B. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.YES. AMOUNT CUT $\qquad$NO

TIME SPENT: $\qquad$

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## STEP 3 - CUSTOMIZE BELT FIT

ANGLE ANTERIOR PANELS
Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.
A. Bend anterior panel to conform to patient's anatomy.
B. Angle anterior panels:


Neutral

Configuration for best support



Superior Angulation


TIME SPENT: $\qquad$

## STEP 4 - EDUCATION

EDUCATE PATIENTS
Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

| Independent compression mechanics | Proper angulation to ensure circumferential contact | Proper cleaning |
| :---: | :---: | :---: |
| Don and doffing | Proper placement of brace | Follow up appointments |

TIME SPENT: $\qquad$
$\qquad$

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