

# EVERGREEN™ 456 TLSO

## DOCUMENTATION WORKSHEET: RETAIN IN PATIENT RECORD

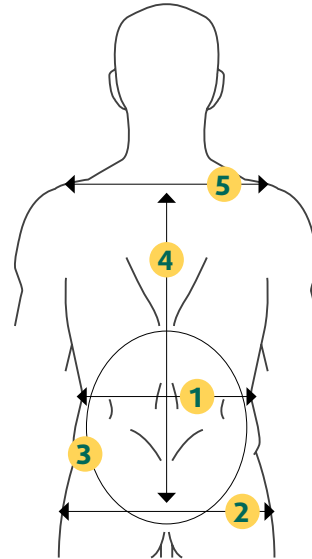
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Doctor: \_\_\_\_\_ Fitter: \_\_\_\_\_  
 Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Patient #: \_\_\_\_\_ Additional Follow-Up Dates: \_\_\_\_\_  
 TOOLS NECESSARY: Scissors • Tape Measure

FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

### STEP 1 - MEASUREMENTS

- 1 Lower rib circumference = \_\_\_\_\_
- 2 Hip circumference = \_\_\_\_\_
- 3 T9 to Sacrococcygeal Junction = \_\_\_\_\_
- 4 Length from hip to shoulders = \_\_\_\_\_
- 5 Distal end clavicle = \_\_\_\_\_



TIME SPENT: \_\_\_\_\_

### STEP 2 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM

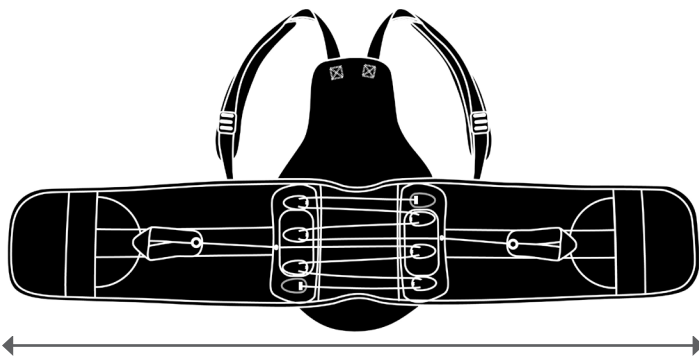
SIZING IS CRITICAL TO PROPER PERFORMANCE  
 Use the measurements below to customize to patient's anatomy.

- A. Use waist circumference (average of 1 and 2 ) to determine size of Evergreen brace.

X-SMALL	SMALL	MEDIUM
15-21 in 38-53 cm	21-27 in 53-67 cm	31-37 in 79-94 cm
LARGE	X-LARGE	XX-LARGE
36-42 in 91-107 cm	41-47 in 104-119 cm	43-57 in 117-145 cm

- B. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

☐ YES. AMOUNT CUT \_\_\_\_\_  
☐ NO



A. \_\_\_\_\_

TIME SPENT: \_\_\_\_\_

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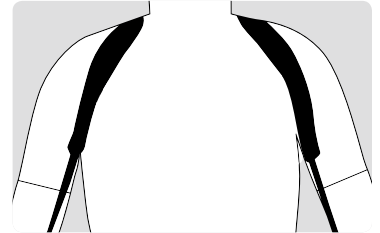
TOOLS NECESSARY: Scissors • Tape Measure

### STEP 3 - TLSO ADJUSTMENT

ANATOMICAL LANDMARKS  
Bony Prominents: C7, Sternal Angles.

Shoulder length (from STEP 1: **4** \_\_\_\_\_ )  
determines placement of shoulder straps.

TIME SPENT: \_\_\_\_\_



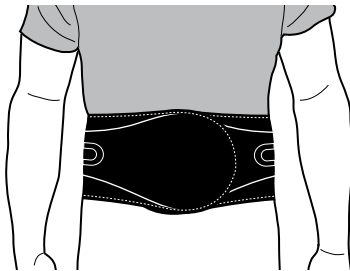
### STEP 4 - CUSTOMIZE BELT FIT

#### ANGLE ANTERIOR PANELS

Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

A. Bend anterior panel to conform to patient's anatomy.

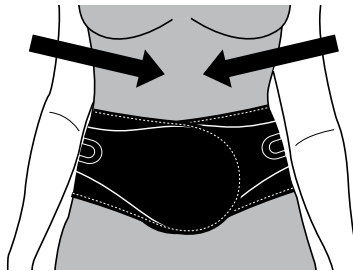
B. Angle anterior panels:



Neutral



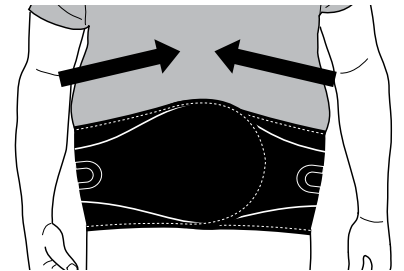
Configuration for best support



Inferior Angulation



Configuration for best support



Superior Angulation



Configuration for best support

TIME SPENT: \_\_\_\_\_

### STEP 5 - EDUCATION

#### EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Independent compression mechanics | <input type="checkbox"/> Proper angulation to ensure circumferential contact | <input type="checkbox"/> Proper cleaning        |
| <input type="checkbox"/> Don and doffing                   | <input type="checkbox"/> Proper placement of brace                           | <input type="checkbox"/> Follow up appointments |

TIME SPENT: \_\_\_\_\_

TOTAL TIME TO CUSTOMIZE BRACE: \_\_\_\_\_



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